

**Program Information for
Health Home Care Management, Residential, and Supportive Housing Services
Adult Single Point of Access (SPOA)
Clinton County, NY**

You must be 18 years of age to apply for the following services. Each program varies in the level of service provided to each individual based upon their needs. All decisions are reviewed by the Adult Single Point of Access committee for Clinton County, NY to verify eligibility and determine appropriateness.

Health Home Care Management Services

A Health Home is a care management service model whereby all of an individual's caregivers communicate with one another so that all of a patient's needs are address in a comprehensive manner. This is done primarily through a care manager who oversees and provides access to all of the services an individual needs to assure that they receive everything necessary to stay health, out of the emergency room and out of the hospital. The Core Services include: Comprehensive Care Management; Care Coordination and Health Promotion; Comprehensive Transitional Care; Patient & Family Supports; Referral to Community/Social Support Services.

ELIGIBILITY:

- Two Chronic conditions (e.g., mental health condition, substance abuse disorder, asthma, diabetes, BMI over 25), or
- One qualifying chronic condition (HIV/AIDS/ and the risk of developing another, or
- One serious mental illness

APPROPRIATENESS

- Probable risk of adverse event (e.g., death, disability, inpatient or nursing home admission),
- Lack of adequate social/family/housing support
- Lack of adequate connectivity with healthcare system
- Recent release from incarceration or psychiatric hospitalization
- Deficits in activities of daily living such as dressing, eating, etc.
- Learning or cognition issues

Residential services (Community Residence & Apartment Treatment Program)

Community Residence is fully supervised, with staff on premises 24 hours a day. Each individual agrees to participate in the development of an individual service plan, adhere to the rules and regulations of the program and expresses a desire to live in the residence peaceably with others. Individuals must be medically suited for the program and are capable of being involved in programming for mental health, education or employment at least four hours a day, Monday through Friday. The Community Residence is transitional housing and all participants are expected to work toward their individualized discharge goal with the support of residential staff and collateral supports of participants choosing.

ELIGIBILITY:

- Primary diagnosis of psychiatric illness with acute psychiatric symptoms adequately controlled with or without medication
- Unable to live independently in the community
- Potential to improve fundamental independent living skills

Apartment Treatment Program is for individuals who exhibit basic skills necessary for independent living, including administration of own medication. Each apartment is fully furnished and is within walking distance to many community services. Staff members will provide case management services. Staff will conduct home visits on a regular basis, at least once a week. It is expected that residents will allow staff to enter the apartment to monitor skills such as food preparation, budgeting, housekeeping and medication management. A 24 hour on-call system for emergencies is available if needed. The Apartment Program is transitional housing and all participants are expected to work toward their individualized discharge goal with the support of residential staff and collateral supports of participants choosing.

ELIGIBILITY:

- Primary diagnosis of psychiatric illness with acute psychiatric symptoms adequately controlled with or without medication
- Agree to meet with staff on a periodic basis
- Possess basic living skills necessary to be able to live in the community with minimal assistance

For Supportive Housing services (Helping Hands Housing and Homesteads on Ampersand Special Needs Units)

Helping Hands Housing services assist individuals' transition into the HUD housing program or obtain secure housing through other means. Persons recovering from mental illness are able to reside in a safe, affordable, and quality of living environment of their choosing and will receive financial and support services to help maintain their housing & well-being. The Services include: Rental subsidies based on income; Limited Case Management - Assistance with housing issues (e.g. landlord/tenant disputes); Financial Assistance for startup costs; Advocacy to access and receive services from other community agencies; Assistance in developing an Individual Support Plan to address specific skills, strengths and level of support needed. Helping Hands Housing is a permanent housing program.

ELIGIBILITY:

- Current NYS OMH Serious & Persistent Mental Illness (SPMI) diagnosis
- In order to receive rental subsidies, a written lease is required.
- Agree to meet with HHH staff monthly for face to face visit ~~on a periodic basis.~~
- Agree to allow HHH staff to conduct quarterly home visits
- Must apply to HUD's Section 8 Rental Assistance Program & not currently receiving assistance from HUD.
- Possess basic living skills necessary to be able to live in the community with minimal assistance and/or utilize case management services, including the ability to administer own medication
- Live in an apartment that is deemed safe & affordable by staff

Homesteads on Ampersand services assist persons recovering from mental illness to reside in safe, affordable, permanent, quality housing while receiving financial and support services to help maintain their housing & well-being. Staff is available to provide support services 24/7. The Services include: rental subsidies based on income; limited case management, assistance with housing issues (e.g. landlord/tenant disputes); financial assistance for startup costs; advocacy to access and receive services from other community agencies; assistance in developing an individual support plan to address specific skills, strengths and level of support needed.

ELIGIBILITY:

- Current NYS OMH Serious & Persistent Mental Illness (SPMI) diagnosis
- Meet general income requirements
- A written lease is required
- Agree to abide by program rules and lease agreement
- Meet with HHH staff monthly for face to face visit
- Agree to allow HHH staff to conduct quarterly home visits
- Must apply to HUD's Section 8 Rental Assistance Program
- Possess basic living skills necessary to be able to live in the community with minimal assistance, including the ability to administer own medication, and/or agree to utilize community resources available

Questions? Contact

SPOA Coordinator
Clinton County Mental Health Clinic
130 Arizona Ave., Suite 1500
Plattsburgh, NY 12903

Tel. 518-565-4023
Fax 518-566-0168
Email: lori.jamil@clintoncountygov.com